

Infant and Early Childhood Mental Health Endorsement® Competency Guidelines®: Knowledge and Skill Areas Addressed by Brazelton Touchpoints Center Professional Development

Individuals who have participated in Brazelton Touchpoints Center trainings and the Newborn Behavioral Observations (NBO) training can apply those training hours toward an application for an Endorsement® (IMH-E® and ECMH-E®) credential in Relationship-based, Culturally Sensitive Care through your state's Association for Infant Mental Health or through the international Alliance for the Advancement for Infant Mental Health (AAIMH). The knowledge and skill areas covered by Touchpoints intensive individual training (Touchpoints: The HOW of Child and Family Engagement [T:THoCFE]), Community level training (Touchpoints Train the Trainer [TTTT]), the NBO, and reference to all Touchpoints workshops, advanced Trainings, and webinars are indicated below. A full menu and descriptions of all BTC trainings can be found at:

<https://drive.google.com/file/d/1fk0k4ZVvX5xAkbMWbXahVzLoGF5GRB6/view?pli=1>

Please note that a given training alone may not be enough to fully meet a particular knowledge or skill area. Endorsement® applicants may need to include coursework and/or additional in-service training to fully meet a knowledge or skill area.

Learn more about these trainings at

<https://learn.brazeltontouchpoints.org>

Pathways for Endorsement®: Infant or Early Childhood Mental Health

- **Family Associate (FA)**
- **Family Specialist (FS)**
- **Mental Health Specialist (MHS)**
- **Mental Health Mentor- Clinical/Research-Faculty/Policy (MHM)**
- **Endorsed Reflective Supervisor (ERS) (add-on endorsement)**

Learn more at: <https://massaimh.org/endorsement/> or contact massaimh.endorsement@gmail.com

Theoretical Foundations	Touchpoints Individual Level Training (T:THoCFE)	Community Level Training (Train the Trainer)	Newborn Behavioral Observations (NBO)
Pregnancy & early parenthood (FA,FS,MHS,MHM-C/F/RF)	✓	✓	✓
Infant/very young child development & Behavior (FA,FS,MHS,MHM-C/F/RF)	✓	✓	✓
Infant/family-centered practice (FA,FS,MHS,MHM-C/F/RF)	✓	✓	✓
Relationship-based therapeutic practice (FA,FS,MHS,MHM-C/F/RF)	✓	✓	✓
Family relationships & dynamics (FA,FS,MHS,MHM-C/F/RF)	✓	✓	✓
Attachment, separation, trauma, grief & loss (FA,FS,MHS,MHM-C/F/RF)	✓	✓	✓
Psychotherapeutic & behavioral theories of change (FS,MHS,MHM-C/F/RF)	✓	✓	✓
Disorders of infancy & early childhood (FS, MHS,MHM-C/F/RF)	Advanced trainings available to address developmental and behavioral challenges, including trauma		
Mental & behavioral disorders in adults (MHS, MHM)			

Cultural Humility (FA,FS,MHS,MHM-C/F/RF)	✓	✓	✓
Adult Learning Theory and Practice (MHM-C/F/RF)	✓	✓	
Statistics (MHM-C/F/RF)			
Research and Evaluation (MHM- RF)			
Law, Regulation, and Policy	Touchpoints Individual Level Training (T:THoCFE)	Community Level Training (Train the Trainer)	NBO; BTC Advanced Trainings and Workshops
Ethical Practice (FA,FS,MHS,MHM-C/F/RF)			
Government, Law and Regulation (FA,FS,MHS,MHM-C/F/RF)			
Agency Policy (FA,FS,MHS,MHM-C/F/RF)			
Systems Expertise	Touchpoints Individual Level Training (T:THoCFE)	Community Level Training (Train the Trainer)	NBO; BTC Advanced Trainings and Workshops
Service Delivery Systems (FA,FS,MHS,MHM-C/F/RF)	✓	✓	
Community Resources (FA,FS,MHS,MHM-C/F/RF)	✓	✓	
Direct Service Skills	Touchpoints Individual Level Training (T:THoCFE)	Community Level Training (Train the Trainer)	NBO; BTC Advanced Trainings and Workshops

Observation and Listening (FA,FS,MHS,MHM-C/F/RF)	✓	✓	✓
Screening and Assessment (FA,FS,MHS,MHM-C/F/RF)			Advanced trainings available to address developmental and behavioral challenges, including trauma
Responding with Empathy (FA,FS,MHS,MHM-C/F/RF)	✓	✓	✓
Intervention/Treatment Planning (MHS,MHM-C)			Advanced trainings available to address developmental and behavioral challenges, including trauma
Developmental Guidance (FS,MHS,MHM-C)	✓	✓	Advanced trainings available to address developmental and behavioral challenges, including trauma
Supportive Counseling (MHS,MHM-C)	✓	✓	
Parent-Infant/Very Young Child Relationship-based Therapies and Practices (MHS,MHM-C)	✓	✓	
Advocacy (FA,FS,MHS,MHM-C/F/RF)	✓	✓	
Life Skills (FA,FS,MHS,MHM-C/F/RF)	✓	✓	
Safety (FA,FS,MHS,MHM-C/F/RF)	✓	✓	

Reflective Supervision (FS, MHM-C, ERS)		✓	Advanced training available in Reflective Supervision and Mentorship
Working with Others	Touchpoints Individual Level Training (T:THoCFE)	Community Level Training (Train the Trainer)	NBO; BTC Advanced Trainings and workshops
Building and Maintaining Relationships (FA,FS,MHS,MHM-C/F/RF)	✓	✓	✓
Supporting Others (FA,FS,MHS,MHM-C/F/RF)	✓	✓	
Mentoring (MHS,MHM-C/P/RF,ERS)	✓	✓	Advanced training available in Reflective Supervision and Mentorship
Coaching and Mentoring (MHM-C/P/RF, ERS)	✓	✓	Advanced training available in Reflective Supervision and Mentorship
Collaborating (FA,FS,MHS,MHM-C/F/RF)	✓	✓	
Resolving Conflict (FA,FS,MHS,MHM-C/F/RF)	✓	✓	
Crisis Management (MHM-C, ERS)	✓	✓	
Empathy and Compassion (FA,FS,MHS,MHM-C/F/RF)	✓	✓	
Consulting (MHS, MHM-C)	✓	✓	Advanced training available in Reflective Supervision and Mentorship

Communicating	Touchpoints Individual Level Training (T:THoCFE)	Community Level Training (Train the Trainer)	NBO; BTC Advanced Trainings and workshops
Listening (FA,FS,MHS,MHM-C/F/RF)	✓	✓	Advanced training available in Reflective Supervision and Mentorship
Speaking (FA,FS,MHS,MHM-C/F/RF)	✓	✓	Advanced training available in Reflective Supervision and Mentorship
Writing (FA,FS,MHS,MHM-C/F/RF)			
Group Process (FA,FS,MHS,MHM-C/F/RF, ERS)	✓	✓	
Thinking	Touchpoints Individual Level Training (T:THoCFE)	Community Level Training (Train the Trainer)	NBO; BTC Advanced Trainings and workshops
Analyzing Information (FA,FS,MHS,MHM-C/F/RF)	✓	✓	
Solving Problems (FA,FS,MHS,MHM-C/F/RF)	✓	✓	
Exercising Sound Judgment (FA,FS,MHS,MHM-C/F/RF)	✓	✓	✓
Maintaining perspective (FA,FS,MHS,MHM-C/F/RF)	✓	✓	✓
Planning and Organizing (FA,FS,MHS,MHM-C/F/RF)		✓	

Reflection	Touchpoints Individual Level Training (T:THoCFE)	Community Level Training (Train the Trainer)	NBO; BTC Advanced Trainings and workshops
Contemplation (FA,FS,MHS,MHM-C/F/RF,ERS)	✓	✓	✓
Self Awareness (FA,FS,MHS,MHM-C/F/RF,ERS)	✓	✓	✓
Curiosity (FA,FS,MHS,MHM-C/F/RF,ERS)	✓	✓	✓
Professional/Personal Development (FA,FS,MHS,MHM-C/F/RF,ERS)	✓	✓	✓
Emotional Response (FA,FS,MHS,MHM-C/F/RF,ERS)	✓	✓	✓
Parallel Process (FA,FS,MHS,MHM-C/F/RF,ERS)	✓	✓	✓
Administration	Touchpoints Individual Level Training (T:THoCFE)	Community Level Training (Train the Trainer)	BTC Advanced Trainings and workshops
Program Management (MHM)		✓	Advanced training available in Reflective Supervision and Mentorship
Program Development (MHM)		✓	Advanced training available in Reflective Supervision and Mentorship

Program Evaluation (MHM-RF)		✓	
Program Funding (MHM)			
Research and Evaluation	Touchpoints Individual Level Training (T:THoCFE)	Community Level Training (Train the Trainer)	NBO; BTC Advanced Trainings and workshops
Study of infant relationships and attachment (MHM-RF)	✓	✓	✓
Study of infant development and behavior (MHS, MHM-C/F/RF)	✓	✓	✓
Study of families (MHS, MHM-C/F/RF)		✓	